# Regence High Deductible Health Plan 1 w/HSA

Benefits Summary Effective January 1, 2021



These medical plans are insured by CIS, but administered by Regence BlueCross BlueShield (BCBS) of Oregon. This means that CIS, not Regence BCBS, pays for your covered medical services and supplies.

services and supplies.				
HDHP-1 w/HSA				
Deductible Per Calendar Year		\$1,500 Individual \$3,000 Family		
Out-of-Pocket Maximum Per Calendar Year  Category 1, 2, & 3 – Preferred, Participating, Non- Preferred Providers (includes deductible, medical copays and prescription copays*)	\$2,300 Individual \$5,050 Family			
*Important Note: The family out-of-pocket maximum for a coinsurance for covered services for that calendar year total				
Medical Services		Member Pays Category 1 - Preferred Category 2 - Participating	Member Pays Category 3 - Non-Preferred	
Preventive Care Services				
Routine well-baby care, physical examinations, health screenings, and immunizations (for a list of covered services, visit our website regence.com, hover over "Member dashboard" at the top, select Preventive Care from the drop down)			0% for Category 1 & 2 (deductible waived) 40% for Category 3 (deductible applies)	
Professional Services		After Deductib	le – Member Pays	
Office visits for illness or injury, mental/behavioral health or substance use disorder (primary care, specialist, naturopath or urgent/immediate care center)		20%	40%	
Outpatient laboratory, radiology, and diagnostic procedures		20%	40%	
Maternity care		20%	40%	
Therapeutic injections including allergy shots		20%	40%	
Hospital/Facility Services		After Deductib	le – Member Pays	
Ambulatory Surgical Center		10% (20% for all other facilities)		
Emergency room care (including professional charges)			20%	
Inpatient/outpatient surgery and surgeon fees		20%	40%	
Inpatient mental/behavioral health & substance use disorder		20%	40%	
Skilled Nursing Facility – 120 inpatient days per year		20%	40%	
Other Services			le – Member Pays	
Ambulance		20		
Rehabilitation Services: Inpatient: Unlimited / Outpatient: 77 visits p Hearing Aids- applies to children 18 years or younger or children 19 in an accredited education institution	-	20% 20%	40% 40%	
Home health care - 180 visits per year		20%	40%	
Hospice – 14 respite days/lifetime		0%		
Durable Medical Equipment		20%	40%	
Weight Management/Nutritional Counseling and Bariatric Surg	erv:			
Weight management and nutritional counseling visits     Four visits per plan year per member	,		0% ble waived)	
- Bariatric surgery may be covered to treat morbid obesity (participant must meet participation requirements)  Limited to one surgery per claimant lifetime		\$1,000 copay then 20% after deductible (does not accumulate towards the out-of-pocket maximum)	\$1,000 copay then 40% after deductible (does not accumulate towards the out-of-pocket maximum)	

Prescription Medication Benefit If you need drugs to treat your illness or condition, your prescription drug coverage is administered through Express Scripts (ES). Please visit Express Scripts' web site at <a href="www.express-scripts.com">www.express-scripts.com</a> or contact their customer service at 1 (800) 496-4182. Regence BlueCross BlueShield of Oregon assumes no liability for the accuracy of your prescription drug benefits information.	At the Pharmacy (30-day supply) Member Pays	Mail Order and Retail Smart90 Programs (90-day supply) Member Pays	
Individual deductible per calendar year		ledical Services	
Out-of-pocket maximum each calendar year	Shared with M	ledical Services	
Generic drugs			
Preferred brand drugs	20% Retail/Mail Order Prescription		
Non-Preferred brand drugs			
Specialty Drugs	Refer to generic, preferred brand and non-preferred brand drugs above, for specialty drugs or self-administrable cancer chemotherapy drug coverage.		
Limitations and Exceptions	Out-of-pocket limit \$3,300 / claimant / year. Coverage is limited to 30-day supply retail or 90-day supply mail order. Long-term medication fills at participating retail pharmacies may be filled for up to a 90-day supply. Visit Express Scripts' website for details. Specialty drug coverage is limited to a 30-day supply.  Specialty medication filled at a retail pharmacy is subject to 100% copay/coinsurance, and this amount does not accumulate towards the out-of-pocket maximum.  Certain preventive items and services as defined by the Affordable Care Act are covered at zero-dollar cost share. Deductible waived for generic and preferred brand drugs designated as preventive for treatment of chronic diseases that are on the Preventive Medications List. You are responsible for the difference in cost between a dispensed brand—name drug and the equivalent generic drug, in addition to the copayment and/or coinsurance, unless your provider specifies "dispense as written."		

Other services provided by Regence BlueCross BlueShield	Contact Information
MDLIVE (Telehealth) - With MDLIVE's telehealth service, you can see a doctor or therapist from home, work or on the go, 24/7/365. Board-certified doctors visit with you by phone or secure video to treat non-emergency medical conditions. They can diagnose symptoms, prescribe medication, and send prescriptions to your pharmacy.	To learn more call 1 (888) 725-3097 or sign on to the CIS Health Manager at <a href="https://www.reqence.com">www.reqence.com</a> and hover on "Programs & Resources", then click on Telehealth.
Chronic Condition Coaching supports and educates members with chronic conditions including hypertension, diabetes, COPD, CAD, CHF, asthma and obesity.	To learn more, please call 1 (866) 865-6725.
BeyondWell - A comprehensive well-being solution for members that integrates wellness activities, goals, rewards and challenges into a single location for a holistic wellness offering.	To learn more, please call 1 (866) 865-6725 or sign on to the CIS Health Manager at <a href="https://www.regence.com">www.regence.com</a> and click on BeyondWell.
Case Management - Supports and educates members with serious illnesses or injuries.	To learn more, please call 1 (866) 543-5765 or sign on to the CIS Health Manager at <a href="https://www.regence.com">www.regence.com</a> and hover on "Programs & Resources", then click on Case Management.
BabyWise (Childbirth to Newborn resources).	To learn more, call 1 (888) 569-2229 or sign on to the CIS Health Manager at <a href="https://www.regence.com">www.regence.com</a> and hover on "Programs & Resources", then click on Maternity.
BlueCard Program (Out of Area Services) – access hospital and physicians when outside the four-state area Regence services (Oregon, Idaho, Utah and Washington) as well as receive care in 200 countries around the world.	Find a provider near you at <a href="https://www.regence.com">www.regence.com</a> or call 1 (800) 810-BLUE (2583).



## Regence Vision Plan 3 (24/24/24)

## **Benefits Summary**

Effective January 1, 2021

Keep your eyes healthy with Regence Vision Plan 3, administered by the Vision Service Plan Insurance Company (VSP).



Benefit	Description	Copay		
	Your coverage with a VSP Provider			
WellVision Examination®	<ul> <li>Focuses on your eye health and overall wellness</li> <li>Every calendar year – Children under 19</li> <li>Every other calendar year – All members 19 and over</li> </ul>	\$0		
Prescription Glas		ı		
Frame	<ul> <li>\$120 allowance for a wide selection of frames (\$65 allowance at Costco, Walmart, Sam's Club)</li> <li>20% savings on the amount over your allowance</li> <li>Every other calendar year</li> </ul>	\$0		
Lenses	Single vision, lined bifocal, and lined trifocal lenses	\$0		
	Lenticular Lenses     Standard, premium, and custom progressive lenses     Polycarbonate lenses covered for dependent children     Every calendar year – Children under 19     Every other calendar yeas – All members 19 and over	\$0 \$50 \$0		
Lens Enhancements	Average savings of 20-25% on lens enhancements			
Contacts (instead of glasses)	\$166 allowance for contact lenses (including the fitting examination and evaluation)     15% savings on a contact lens exam     Every other calendar year – Adults     Every calendar year - Children	\$0		
Safety Glasses (E	mployee-only Coverage)*			
Frame	\$65 frame allowance for safety frames     Certified according to the American National Standards Institute (ANSI) guidelines for impact protection     Every other calendar year	\$0 for frame and lenses		
Lenses	Prescription single vision, lined bifocal, and lined trifocal lenses     Certified according to thes American National Standards Institute (ANSI) guidelines for impact protection     Every calendar year	\$0 combined with frames		
Extra Savings and Discounts	Glasses and Sunglasses  20% off additional glasses and sunglasses, incenhancements, from the same VSP provider of day as your routine examination. Or get 20% of VSP provider within 12 months of your last routexamination.  Laser Vision Correction  Average 15% off the regular price or 5% off the price; discounts only available from contracted	n the same  ff from any tine  e promotional		
Y	our Coverage with Out-of-Network Providers			
If you plan to see a	provider other than a VSP doctor, visit regence.com overage from VSP doctors only.	for details.		
Exam				

Submit claims for out-of-network providers to: VSP OA Claims; PO Box 385018, Birmingham, AL 35238-5018

## Using your Benefits

- Register at regence.com Once your plan is effective, review your benefit information.
- Find any eye care provider who's right for you.
  The decision is yours to make—with the largest
  national network of private-practice doctors, it's
  easy to find the in-network doctor who's right for
  you. To find a VSP doctor, visit vsp.com or call
  844.299.3041.
- At your appointment, tell them you have VSP and show them your Regence member ID card. Use your member ID and member suffix (e.g. ABC123456789-00).
- The VSP Choice network offers more than 81,000 provider points of access across the country, including both community-based providers as well as the most popular retail chains\*, such as Costco®, Walmart®, Sam's Club®, ShopKo®, Visionworks® and any out-of-network provider (lower reimbursement rates).
  - Please note, participation in the VSP network is voluntary; therefore, not all doctors at a retail location may be in the VSP network.

## Personalized Care

A VSP doctor provides personalized care that focuses on keeping you and your eyes healthy year after year. Plus, when you see a VSP doctor, you'll get the most out of your benefits, have lower out-of-pocket costs, and your satisfaction is guaranteed.

## Choice in Eyewear

- From classic styles to the latest designer frames, you'll find hundreds of options for you and your family.
- Prefer to shop online? Check out all of the brands at eyeconic.com, VSP's preferred online eyewear store.

Your vision plan is issued by Regence BlueCross BlueShield of Oregon and insured by CIS but administered by VSP. This means that CIS, not Regence BlueCross BlueShield of Oregon, pays for your covered vision services and supplies.

<sup>\*</sup> Lens enhancements are not covered, but members will receive a 20-25% discount if purchasing an enhancement



Coverage for: Individual and Eligible Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to https://regence.com or call 1 (888) 370-6159. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1 (888) 370-6159 to request a copy. **Please Note:** Your medical <u>plan</u> is issued by Regence BlueCross BlueShield of Oregon and insured by CIS, but administered by Regence BlueCross BlueShield of Oregon, pays for your covered medical services and supplies.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,500 individual (single coverage) / \$3,000 family per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Certain <u>preventive care</u> and those services listed below as " <u>deductible</u> does not apply" or as "No charge."	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,300 individual (single coverage) / \$5,050 family per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://regence.com/go/OR/Preferred or call 1 (888) 370-6159 for a list of network providers.	You pay the least if you use a <u>provider</u> in the preferred <u>network</u> . You pay more if you use a <u>provider</u> in the participating <u>network</u> . You will pay the most if you use a <u>nonparticipating provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use a <u>nonparticipating provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You pay the least)	Participating Provider (You pay more)	Nonparticipating Provider (You pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	20% coinsurance	20% coinsurance	40% coinsurance	Coverage includes primary care visits at a retail clinic. Coverage for alternative care (acupuncture and
If you visit a health care <u>provider's</u> office or clinic	Specialist visit	20% coinsurance	20% coinsurance	40% coinsurance	chiropractic spinal manipulations) is subject to 20% coinsurance for preferred and participating providers and 40% coinsurance for nonparticipating providers.  Limited to \$1,000 / year for all alternative care services combined.
	Preventive care/screening/ immunization	No charge	No charge	40% <u>coinsurance</u>	Coinsurance and deductible waived for childhood immunizations from nonparticipating providers. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
	Diagnostic test (x-ray, blood work)	20% coinsurance	20% coinsurance	40% coinsurance	
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	20% coinsurance	40% coinsurance	None
	Generic drugs	20% coinsura	<u>nce</u> / retail and mail ord	der prescription	Out-of-pocket limit \$2,300 / claimant / year.
	Preferred brand drugs	20% coinsura	nce / retail and mail ord	der prescription	Deductible does not apply for preferred brand insulin and drugs specifically designated as
If you need drugs to treat your illness or condition  Refer to generic, preferred brand and brand drugs at specialty prescription or self-administrable cancer cher prescription coverage.		nce / retail and mail ord	der prescription	preventive for treatment of certain chronic	
		cancer chemotherapy	diseases that are on the Optimum Value Medication List. 30-day supply / retail prescription 90-day supply / mail order prescription Some prescriptions may be filled for a 90-day supply at participating pharmacies only. Visit Express Scripts website for details. 30-day supply / specialty drug retail prescription		

			What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You pay the least)	Participating Provider (You pay more)	Nonparticipating Provider (You pay the most)	Limitations, Exceptions, & Other Important Information
Your prescription drug coverage is administered through Express Scripts (ES). Please visit Express Scripts' web site at www.express-scripts.com or contact their customer service at 1 (800) 496-4182.  Regence BlueCross BlueShield of Oregon assumes no liability for the accuracy of your prescription drug benefits information.					Specialty medication filled at a retail pharmacy is subject to 100% copayment / coinsurance, and this amount does not accumulate towards the out-of-pocket limit.  Certain preventive items and services as defined by the Affordable Care Act are covered at zero dollar cost share.  You are responsible for the difference in cost between a dispensed brand-name drug and the equivalent generic drug, in addition to the copayment and/or coinsurance, unless your provider specifies "dispense as written."
	Facility fee (e.g., ambulatory surgery center)	10% coinsurance for ambulatory surgery centers; 20% coinsurance for all other facilities	20% <u>coinsurance</u>	40% <u>coinsurance</u>	None
If you have outpatient surgery	Physician/surgeon fees	10% coinsurance for ambulatory surgery center physicians; 20% coinsurance for all other physicians	20% <u>coinsurance</u>	40% <u>coinsurance</u>	None
If you need immediate medical attention	Emergency room care	20% coinsurance	20% coinsurance	20% coinsurance	None

			What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You pay the least)	Participating Provider (You pay more)	Nonparticipating Provider (You pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency medical transportation	20% coinsurance	20% coinsurance	20% coinsurance	None
	Urgent care		s <b>If you visit a health o</b> eare visit or <u>Specialist</u> v <b>test</b> above.		None
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	20% coinsurance	40% coinsurance	None
stay	Physician/surgeon fees	20% coinsurance	20% coinsurance	40% coinsurance	None
If you need mental	Outpatient services	20% coinsurance	20% coinsurance	40% coinsurance	None
health, behavioral health, or substance abuse services	Inpatient services	20% coinsurance	20% coinsurance	40% coinsurance	None
	Office visits	20% coinsurance	20% coinsurance	40% coinsurance	Cost sharing does not apply for proventive
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	20% coinsurance	40% coinsurance	Cost sharing does not apply for preventive services. Depending on the type of services, coinsurance or deductible may apply. Maternity
	Childbirth/delivery facility services	20% coinsurance	20% coinsurance	40% coinsurance	care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	20% coinsurance	20% coinsurance	40% coinsurance	130 visits / year
	Rehabilitation services	20% coinsurance	20% coinsurance	40% coinsurance	77 outpatient visits / year for all <u>rehabilitation</u> and <u>habilitation services</u>
If you need help recovering or have other special health needs	Habilitation services	20% coinsurance	20% coinsurance	40% coinsurance	Includes physical therapy, occupational therapy, speech therapy and neurodevelopmental therapy services.  Neurodevelopmental therapy limited to individuals under age 18.
	Skilled nursing care	20% coinsurance	20% coinsurance	40% coinsurance	120 inpatient days / year
	Durable medical equipment	20% coinsurance	20% coinsurance	40% coinsurance	None
	Hospice services	20% coinsurance	20% coinsurance	40% coinsurance	14 respite inpatient or outpatient days / lifetime
If your child needs	Children's eye exam	Not covered	Not covered	Not covered	None
dental or eye care	Children's glasses	Not covered	Not covered	Not covered	None

			What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You pay the least)	Provider	Nonparticipating Provider (You pay the most)	Limitations, Exceptions, & Other Important Information
	Children's dental check-up	Not covered	Not covered	Not covered	None

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery, except congenital anomalies
- Dental care (Adult)
- Infertility treatment

- Long-term care
- Private-duty nursing
- Routine eye care (Adult)

- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Abortion
- Acupuncture
- Bariatric surgery
- Chiropractic care, spinal manipulations only
- Hearing aids for individuals up to age 19, or individuals age 19 years of age up to age 26 and enrolled in a secondary school or an accredited educational institution
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1 (866) 444-3272 or dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1 (877) 267-2323 ext. 61565 or cciio.cms.gov or your state insurance department. You may also contact the <u>plan</u> at 1 (888) 370-6159. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance</u> <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit HealthCare.gov or call 1 (800) 318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the plan at 1 (888) 370-6159 or visit regence.com or the U.S. Department of Labor, Employee Benefits Security Administration at 1 (866) 444-3272 or dol.gov/ebsa/healthreform. You may also contact the Oregon Division of Financial Regulation by calling 1 (503) 947-7984 or the toll-free message line at 1 (888) 877-4894; by writing to the Oregon Division of Financial Regulation, Consumer Advocacy Unit, P.O. Box 14480, Salem, OR 97309-0405; through the Internet at: dfr.oregon.gov/help/complaints-licenses/Pages/file-complaint.aspx; or by E-mail at: DFRInsuranceHelp@oregon.gov.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1 (888) 370-6159.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

**Total Example Cost** 

<del>-</del>			
In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$1,500		
Copayments	\$0		
Coinsurance	\$800		
What isn't covered			
Limits or exclusions	\$61		
The total Peg would pay is	\$2,361		

## **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall deductible	\$1,500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

\$12,700

Total Example Cost

Durable medical equipment (glucose meter)

Total Example Cost	<b>\$5,000</b>		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$1,500		
Copayments	\$0		
Coinsurance	\$731		
What isn't covered			
Limits or exclusions	\$178		
The total Joe would pay is	\$2,409		

¢5 600

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$1,500		
<u>Copayments</u>	\$0		
<u>Coinsurance</u>	\$260		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,760		

The plan would be responsible for the other costs of these EXAMPLE covered services.

The Summary of Benefits and Coverage (SBC) document will help you choose a vision plan. The SBC shows you how you and the plan would share the cost for covered vision care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to https://regence.com. For provider or benefit questions call VSP at 1 (844) 299-3041. For membership questions call Regence at 1 (888) 370-6159. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1 (888) 370-6159 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Vision Event chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Not applicable.	See the Common Vision Event chart below for your costs for services this <u>plan</u> covers.
Are there other <u>deductibles</u> for specific services?	No.	See the Common Vision Event chart below for your costs for services this <u>plan</u> covers.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not applicable.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	Not applicable.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a network provider?	Yes. See https://regence.com/go/OR/VSPNetwork or call 1 (844) 299-3041 for a list of VSP doctors.	This <u>plan</u> uses a vision <u>provider network</u> (Vision Service Plan). You will pay less if you use a vision <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network</u> vision <u>provider</u> , and you might receive a bill from a vision <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

	Campiaga Vary May	What You Will Pay		Limitations, Exceptions, & Other Important Information
Common Vision Event Services You May Need	VSP Doctor (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you visit a vision care provider's office or clinic	Routine vision examination and vision hardware	\$50 copay for progressive lenses, all other services no charge up to the VSP doctor limit	No charge up to the out-of-network provider limit	For services provided by an out-of-network provider, you pay all charges up front then submit a claim for reimbursement.  1 routine eye examination / calendar year Routine eye examination limited to \$45 for out-of-network providers.  1 pair of frames / 2 calendar years Frames limited to \$120 for VSP doctors. Frames limited to \$65 for VSP approved wholesale/retail vendors. Frames limited to \$70 for out-of-network providers.  1 pair of glass, plastic or polycarbonate* single vision lenses / calendar year for either: Single vision lenses; Lined bifocal (or standard progressive) lenses; Lined trifocal lenses; Lenticular lenses; or Contact lenses**.  Elective contact lenses** limited up to \$166 for VSP doctors. Necessary contact lenses** limited to a 2 calendar year supply for VSP doctors.  Lenses from out-of-network providers limited to: \$30 for single vision lenses \$50 for lined bifocal or standard progressive lenses \$50 for lined trifocal lenses \$100 for lenticular lenses \$100 for lenticular lenses \$105 for elective contact lenses** (including fitting/evaluation services) \$210 for necessary contact lenses** (including

	What You Will Pay		u Will Pay	Limitations Evacutions 9 Other laws at an	
Common Vision Event	Services You May Need	VSP Doctor (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				*Polycarbonate lenses limited to individuals through age 18.  **Contact lenses are in lieu of all other frame and lens benefits. When you receive contact lenses, you will not	
				be eligible for any other types of lenses until the next calendar year and frames for the next 2 calendar years.	
				For services provided by an <u>out-of-network provider</u> , you pay all charges up front then submit a claim for reimbursement.	
	Contact lens evaluation and fitting examination	No charge	No charge up to the <u>out-of-</u> <u>network provider</u> limit	1 contact lens evaluation and fitting examination / calendar year Elective contact lens evaluation and fitting examination (including elective contacts lenses) limited to \$105 for out-of-network providers. Necessary contact lens evaluation and fitting examination (including necessary contacts lenses) limited to \$210 for out-of-network providers.	
	Low vision supplemental examinations (testing)	No charge	No charge up to the <u>out-of-network provider</u> limit	For services provided by an <u>out-of-network provider</u> , you pay all charges up front then submit a claim for	
	Low vision supplemental care aids	25% coinsurance	25% coinsurance	reimbursement. \$1,000 low vision maximum / 2 calendar years 2 supplemental examinations / 2 calendar years Supplemental examinations limited to \$125 for out-of-network providers.	
	Prescription safety glasses	No charge	Not covered	Coverage is for employees only 1 pair of prescription safety lenses / 2 calendar years 1 safety frame / 2 calendar years, limited to \$65	

## **Excluded Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Corrective vision treatment of an experimental nature
- Cosmetic services and supplies

- Fees, taxes and interest
- Medical or surgical treatment of the eyes
- Non-direct patient care

- Orthoptics or vision training
- Plano lenses
- Two pair of glasses in lieu of bifocals

## NONDISCRIMINATION NOTICE

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Regence does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

## Regence:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, and accessible electronic formats, other formats)

## Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services listed above, please contact:

## **Medicare Customer Service**

1-800-541-8981 (TTY: 711)

## **Customer Service for all other plans**

1-888-344-6347 (TTY: 711)

If you believe that Regence has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our civil rights coordinator below.

For VSP vision services, contact: **VSP** 1-844-299-3041 (TTY: 1-800-428-4833)

VSP provides administration for your Regence vision plan. Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Regence does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

## **Medicare Customer Service**

Civil Rights Coordinator MS: B32AG, PO Box 1827 Medford, OR 97501 1-866-749-0355, (TTY: 711) Fax: 1-888-309-8784 medicareappeals@regence.com

## **Customer Service for all other plans**

Civil Rights Coordinator MS CS B32B, P.O. Box 1271 Portland, OR 97207-1271 1-888-344-6347, (TTY: 711) CS@regence.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW, Room 509F HHH Building Washington, DC 20201

1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

## Language assistance

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711)。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-344-6347 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-344-6347 (TTY: 711) 번으로 전화해 주십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-344-6347 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-344-6347 (телетайп: 711).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-344-6347 (ATS : 711)

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-888-344-6347 (TTY:711)まで、お電話にてご連絡ください。

Díí baa akó nínízin: Díí saad bee yánílti'go **Diné Bizaad**, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, koji' hódíílnih 1-888-344-6347 (TTY: 711.)

FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea te ke lava 'o ma'u ia. ha'o telefonimai mai ki he fika 1-888-344-6347 (TTY: 711)

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-888-344-6347 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711)

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-888-344-6347 (TTY: 711)។

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-888-344-6347 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachdienstleistungen zur Verfügung. Rufnummer: 1-888-344-6347 (TTY: 711)

ማስታወሻ:- የሚናንሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያባዝዎት ተዘጋጀተዋል፤ በሚከተለው ቁጥር ይደውሉ 1-888-344-6347 (መስጣት ለተሳናቸው:- 711)፡፡

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-888-344-6347 (телетайп: 711)

ध्यान दिनुहोस्: तपाईँले नेपाली बोल्नुहुन्छ भने तपाईँको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-888-344-6347 (टिटिवाइ: 711

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-888-344-6347 (TTY: 711)

MAANDO: To a waawi [Adamawa], e woodi balloojima to ekkitaaki wolde caahu. Noddu 1-888-344-6347 (TTY: 711)

โปรดทราบ: ถ้าคุณพูดภาษาไทย คุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-888-344-6347 (TTY: 711)

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-344-6347 (TTY: 711)

Afaan dubbattan Oroomiffaa tiif, tajaajila gargaarsa afaanii tola ni jira. 1-888-344-6347 (TTY: 711) tiin bilbilaa.

توجه: اگر به زبان فارسی صحبت می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با (TTY: 711) -888-344-834 تماس بگیرید.

ملحوظة: إذا كنت تتحدث فاذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 6347-888-1-888 (رقم هاتف الصم والبكم 711: TTY)

## Welcome to Express Scripts

CIS and Express Scripts want you to know that Express Scripts manages your prescription plan. We care about your health and work to make medications safer and more affordable. We encourage you to take advantage of the services and resources available to help you and your dependents manage your pharmacy benefit. We look forward to serving you soon!



## Why pay more? Make the move to a 3-month supply.

Under your prescription plan, you have the option to order 3-month supplies of long-term medications from certain participating retail pharmacies or through home delivery from Express Scripts Pharmacy<sup>®</sup>. <sup>1</sup>

To start ordering a 3-month supply from Express Scripts Pharmacy, register or log in at **express-scripts.com**. (Standard shipping is free with home delivery.<sup>2</sup>)

To find a retail pharmacy that participates in 3-month supplies, log in at **express-scripts.com** and choose Find a Pharmacy from the menu under Prescriptions. The pharmacy can tell you how to transfer your prescription or start a new one. Search results will indicate whether a pharmacy is eligible to dispense up to a 3-month supply.

According to your plan, you can keep filling one month at a time but you could miss out on convenience and savings.

<sup>1</sup>Long-term medications are taken for an ongoing condition, such as high blood pressure, high cholesterol and asthma. <sup>2</sup>Cost of standard shipping is included as part of your prescription plan.

## Accredo, Your Specialty Pharmacy



Accredo is the Express Scripts specialty pharmacy. A specialty pharmacy provides medication and therapy for patients with serious, chronic conditions like cancer and hepatitis C. Accredo offers teams of pharmacists, nurses and clinicians who are specially trained on your condition. This level of individualized, focused care gives you the most comprehensive, compassionate and customized care available.

Accredo offers many patient support services, including:

- Personal care and health advocacy assistance from patient care coordinators
- Coordination of financial assistance (availability varies by plan)
- · Guidance for patients and caregivers for taking specialty medications most effectively
- All necessary ancillary supplies such as syringes and sharps containers

Specialty medications <u>must</u> be filled through Accredo to receive coverage. Included with these materials is a list of specialty drugs. To learn more about Accredo, please visit **accredo.com.** 

CIS has partnered with SaveonSP to provide a specialty pharmacy copayment assistance program. If you attempt to fill a specialty prescription that falls under this program, an Accredo representative will assist you with enrollment in the program by transferring you to SaveonSP. More information about this program can be found in your Regence Plan Booklet.





## **Network Retail Pharmacies**

Network pharmacies are retail pharmacies that are preferred by your prescription plan. Use them for prescriptions you need on a short-term basis, like an antibiotic to treat an infection. When you go to an in-network pharmacy for up to a 30-day supply of medication, you'll typically pay less than at a retail pharmacy that's out of your network.

To find an in-network pharmacy near you, go to express-scripts.com/CIS4 and select Locate a Pharmacy. Search results will indicate whether a pharmacy is eligible to dispense up to a 3-month supply. You may also log in at express-scripts.com and choose Find a Pharmacy from the menu under Prescriptions or call Express Scripts at 800.496.4182.

If you're new to Regence BCBS coverage, be sure to show your new Express Scripts ID card at the pharmacy. You can also access your ID card by downloading the Express Scripts® mobile app. If you don't show your ID card and instead choose to pay the entire cost of the medication, you must submit a claim form to Express Scripts for reimbursement. You'll be reimbursed based on the covered medication's contracted rate minus the appropriate copayment. This amount will be lower than the amount you paid out of pocket at the retail pharmacy.

If you need to transfer your prescription from an out-of-network pharmacy to an in-network pharmacy, just choose one of the following:

- · Bring your prescription vial or container to an in-network pharmacy, and the pharmacist will transfer it.
- Call a pharmacy in your network, and ask the pharmacist to transfer your medication.
- Ask your doctor to send your prescription in to an in-network pharmacy using e-prescribing.



## Manage Your Prescription

One of the great things about being an Express Scripts member is that you can manage your medication easily on your laptop, tablet, desktop or phone. Whether you want to check your order status, look for savings opportunities, look up information about your benefit, get a refill or even find a pharmacy, the Express Scripts website and mobile app can help!

**Just register at express-scripts.com or download the mobile app** to your mobile device for free by searching your app store for Express Scripts. (Availability and features may vary.)



## **Formulary**

A preferred drug list, also called a formulary, helps keep healthcare costs down for everybody. It's a list of medications that have been reviewed and approved for safety and effectiveness by a panel of doctors and pharmacists. This list is continually reviewed and updated as new medications become available.

Note that certain medications are excluded from your formulary, which means they're <u>not covered</u>. An\_equally effective and safe alternative may be available. To check pricing and coverage for a medication, visit express-scripts.com/CIS4. Drug classes with excluded medications include Autonomic and Central Nervous System, Cardiovascular and Dermatological.





## Specialty Drug List

Unless otherwise noted, all brand and generic formulations of a product are considered specialty.

**ALPHA 1 DEFICIENCY** 

Aralast NP Glassia™ Zemaira®

**ANTICOAGULANT** 

Arixtra®\* (fondaparinux sodium)

Fragmin®\* Iprivask®

. Lovenox®\*(enoxaparin

sodium)

**ASTHMA & ALLERGY** 

Dupixent® Durysta™ Fasenra™ Nucala<sup>®</sup> Xolair®

**BLOOD CELL DEFICIENCY** 

Aranesp® Doptelet® Epogen® Fulphila™ Granix™ Leukine®  $Mozobil^{\hbox{\scriptsize $\mathbb R$}}$ Mulpleta® Neulasta® Neupogen® Nivestym™ Nplate® Procrit® Promacta® Retacrit™ Udenyca™ Zarxio™

Ziextenzo® **CANCER** 

Abraxane® Adcetris™ Afinitor® (everolimus)

Alecensa® Alunbrig™ Arranon® Arzerra® Avastin® Belrapzo® Bendamustine® Bendeka<sup>TM</sup> Besponsa<sup>®</sup> Bosulif®  $Cabometyx^{\text{TM}}$ 

Cometriq<sup>™</sup> Cotellic® Cyramza™

Dacogen® (decitabine)

Darzalex® Darzalex Faspro™ Daurismo™

Eligard® Empliciti™ Enhertu® Erbitux® Erivedge™ Erleada™ Farydak® Firmagon® Folotyn® Gazyva™ Gilotrif™

Gleevec® (imatinib) Halaven™ Herceptin® Herceptin Hylecta™ Herzuma®

Hycamtin® (capsules)

Hycamtin® (topotecan injection)

Ibrance® Idhifa® Imfinzi™ Inlyta®

CANCER (cont'd)

Intron A® Iressa®

Istodax® (romidepsin)

Ixempra® Jakafi™ Jevtana® Kadcyla™ Kanjinti™ Kepivance® Kisqali<sup>®</sup> Kisqali Femara<sup>®</sup> Lartruvo<sup>™</sup> Lenvima™ Lonsurf® Lorbrena®

Lupron Depot® Lynparza™ Mekinist™ Mvasi™ Nerlynx™ Nexavar® Ninlaro® Nubeqa®

Odomzo® Ogivri™ Ontruzant® Onureg<sup>®</sup> Opdivo® Pegasys® Peg-Intron®

Perjeta<sup>™</sup> Phesgo<sup>™</sup> Piqray<sup>®</sup> Polivy<sup>™</sup> Pomalyst® Portrazza™

Proleukin® Retevmo™ Revlimid® Rituxan® Rituxan Hycela®

romidepsin Rozlytrek™ Rubraca™ Ruxience™ Rydapt® Sprycel® Stivarga®

Sutent® Sylvant™ Tabrecta™ Tafinlar® Tagrisso™

Talzenna™ Tarceva® (erlotinib)
Targretin® (bexarotene)

Tasigna®

Tecentriq<sup>TM</sup>
Temodar® (temozolomide)

Thalomid®

Torisel® (temsirolimus) Trazmiera™

Treanda® Truxima<sup>®</sup> Tykerb® Valchlor™ Valstar® Vantas® Vectibix<sup>®</sup> Velcade® Verzenio ™

Vidaza® (azacitidine) Vitrakvi® Vizimpro® Votrient® Xalkori®

Xeloda®(capecitabine) Xgeva™ Xtandi® Yervoy™ Yonsa<sup>®</sup> Zaltrap® Zelboraf™

CANCER (cont'd)

Zirabev<sup>™</sup> Zoladex® Zolinza®

Zometa® (zoledronic acid)

Zydelig® Zykadia™

Zytiga™ (abiraterone acetate)

**CONTRACEPTIVES** 

Liletta™ Nexplanon®

**CYSTIC FIBROSIS** 

Bethkis<sup>®</sup> Cayston® Kalydeco<sup>™</sup> Kitabis Pak<sup>™</sup> Orkambi™ Pulmozyme®\* Symdeko™ Tobi® (tobramycin) Tobi Podhaler™ Trikafta™

**ENDOCRINE DISORDERS** 

Bynfezia Pen™ Crysvita® Egrifta® Lupaneta Pack™ Lupron Depot-Ped®

Myalept™

Natpara® Samsca® (tolvaptan)

Sandostatin® (octreotide acetate) Sandostatin LAR Depot®

Signifor® LAR Signifor® Somatuline Depot® Somavert® Supprelin LA® teriparatide

**ENZYME DEFICIENCIES** 

Aldurazyme<sup>0</sup> Carbaglu<sup>®</sup> Cerdelga™ Cerezyme® Elaprase<sup>®</sup> Elelyso<sup>™</sup> Fabrazyme<sup>®</sup> Galafold™

Kanuma™ Kuvan® (sapropterin)

Lumizyme<sup>TI</sup> Mepsevii<sup>TM</sup> Naglazyme® nitisinone Nityr™ Palynziq<sup>™</sup> Ravicti<sup>™</sup> Sucraid® Vimizim™ VPRIV™

Zavesca® (miglustat)

**GROWTH DEFICIENCY** 

Genotropin<sup>o</sup> Humatrope® Increlex® Macrilen®

Norditropin Flexpro® Nutropin AQ® Omnitrope® Saizen® Serostim® Zomacton® Zorbtive®

**HEMOPHILIA** 

Advate® Adynovate™ Afstyla<sup>®</sup>



Confidential Information

1. Some products may be dispensed from Accredo and/or Freedom Fertility Pharmacy

2. Xyrem® is distributed through Express Scripts Specialty Distribution Services, Inc.

Disclaimer: Note that additional generic versions of listed medications may be available. Please consult your pharmacist to determine if a generic version of any particular specialty medication is available.

\* Your plan may require most specialty medications to be dispensed exclusively by Accredo. Those medications marked by an asterisk (\*) may have allowances for one or more retail fills. © 2020 Accredo Health Group, Inc. | An Express Scripts Company. All Rights Reserved. All trademarks are the property of their respective owners. CRP2005\_003315.1



#### **HEMOPHILIA** (cont'd)

Alphanate<sup>0</sup> Alphanine SD® Alprolix™ Benefix® Corifact®

DDAVP® (desmopressin acetate) (oral/nasal forms are not specialty)
Eloctate<sup>™</sup>

Esperoct® Feiba NF® Hemlibra® Hemofil M® Humate-P® Idelvion®

Ixinity® Jivi® ´ Koate® Kogenate FS® Kovaltry® Mononine® Novoeight® Novoseven RT® Nuwiq® Profilnine SD®

Rebinyn® Recombinate™ RiaSTAP® Rixubis™ Sevenfact® Stimate® Tretten® Vonvendi™ Wilate®

Xyntha® Xyntha Solofuse®

#### **HEPATITIS C**

Epclusa® (sofosbuvir/velpatasvir) Harvoni® (ledipasvir/sofosbuvir) Mavyret™

Ribavirin (Rebetol®, Ribasphere®, Ribapak®, Moderiba<sup>TM</sup>)

Sovaldi® Viekira Pak® Vosevi® Zepatier®

#### **HEREDITARY ANGIOEDEMA**

Berinert® Cinryze® Firazyr® (icatibant) Haegarda<sup>®</sup> Kalbitor® Ruconest® Takhzyro™

### **HIGH BLOOD CHOLESTEROL**

Juxtapid®

#### HIV

Aptivus®\* Atripla®\* Biktarvy® Cimduo™

Combivir®\* (lamivudine/zidovudine)

Complera®\* Crixivan®\* Delstrigo™\* Descovy®\* Dovato® Edurant®\*

Epivir®\* (lamivudine) Epzicom®\* (abacavir/lamivudine) Evotaz™ \*

Fuzeon®\* Genvoya®\* Intelence®\*
Invirase®\* Isentress®\*

Juluca®
Kaletra®\* (lopinavir/ritonavir)
Lexiva®\* (fosamprenavir)
Norvir®\* (ritonavir)

Odefsey®>
Pifeltro™\*

**HIV (cont'd)** Prezcobix<sup>™\*</sup> Prezista®\*

Rescriptor®\*
Retrovir®\* (zidovudine)
Reyataz®\*(atazanavir)

Reyataz®\*(atazanavir)
RukobiaTM
Sustiva®\*(efavirenz)
Selzentry®\*
Stribild®\*
SymFiTM (efavirenz/lamivudine/tenofovir disoproxil fumarate)
SymFi Lo™ (efavirenz/lamivudine/tenofovir disoproxil fumarate)
SymFi Lo™ (efavirenz/lamivudine/tenofovir disoproxil fumarate)

Symtuza<sup>™</sup> Temixys<sup>™</sup> Tivicay<sup>®</sup>\*

Triumeq®\* Trizivir®\*(abacavir/lamivudine/zidovudine)

Trogarzo™ Truvada®\*
Tybost®\* Videx®\* (didanosine)

Videx = (didanosine) Videx EC®\*(didanosine DR) Viracept®\*

Viramune®\* (nevirapine)
Viramune XR®\*(nevirapine ER)

Viread®\*(tenofovir disoproxil fumarate)
Virekta®\*
Zerit®\* (stavudine)
Ziagen®\*(abacavir)

#### **IDIOPATHIC PULMONARY FIBROSIS**

Esbriet<sup>T</sup>

#### **IMMUNE DEFICIENCY**

Asceniv™ Bivigam™ Cuvitru™ Cutaquig® Cytogam® Gamastan S-D® Gammagard Liquid® Gammagard S-D® Gammaked<sup>™</sup> Gammaplex® Gamunex-C<sup>®</sup> Hizentra<sup>™</sup> HyQvia<sup>™</sup> Panzyga® Privigen® Xembify<sup>®</sup>

#### INFERTILITY<sup>1</sup>

(oral forms are not specialty)

Bravelle®

Chorionic Gonadatropin (brands include Novarel®, Pregnyl®)
Crinone®

Endometrin®
Follistim AQ®
Ganirelix (ganirelix acetate)

Gonal-F® leuprolide Menopur<sup>®</sup> Ovidrel<sup>®</sup>

progesterone injection

## **INFLAMMATORY CONDITIONS**

Actemra® Arcalyst<sup>®</sup> Benlysta<sup>®</sup> Cimzia<sup>®</sup> Cosentyx™ Enbrel® Entyvio™ Humira® Ilaris® Ilumya™ Inflectra™ Kevzara® Olumiant® Orencia® Otezla<sup>®</sup> Remicade<sup>®</sup> Renflexis<sup>™</sup>

## **INFLAMMATORY CONDITIONS**

(cont'd) Rinvoq ER™ Siliq™ Simponi™ Simponi Aria® Skyrizi™ Stelara™ Taltz® Tremfya<sup>™</sup> Xelianz® Xeljanz XR®

#### **IRON TOXICITY**

Exjade<sup>®</sup> (deferasirox) Jadenu<sup>TM</sup>

#### **MISCELLANEOUS DISEASES** Acthar H.P. Gel<sup>©</sup>

Actimmune<sup>0</sup> Apokyn Arestin® Austedo® Botox® Botox Cosmetic® Ceprotin™ Duopa™ Dojolvi™ Dysport® Enspryng™ Epidiolex® Gattex® Givlaari™ Hetlioz™ Inbrija™

Makena™ (hydroxyprogesterone caproate) Myobloc®

Northera™ Nuplazid<sup>TM</sup>
Ocaliva<sup>TM</sup>
Probuphine<sup>®</sup> Procysbi™ Sabril® (vigabatrin) Solesta® Soliris® Sublocade™ Tegsedi™

Thyrogen® Ultomiris™ Vivitrol® Vyndamax™ Vyndaqel® Wakix®

Xenazine® (tetrabenazine)

Xeomin® Xyrem®2

#### **MULTIPLE SCLEROSIS**

Ampyra<sup>®</sup> (dalfampridine) Aubagio<sup>®</sup> Avonex<sup>®</sup> BAFIERTAM™

Betaseron®
Copaxone® (glatiramer, Glatopa®)

Extavia® Gilenya® Lemtrada® Mavenclad® Mayzent® mitoxantrone® Ocrevus® Plegridy® Rebif®

Tecfidera® (dimethyl fumarate) Tysabri®

Vumerity™ Zeposia

### **MUSCULAR DYSTROPHIES**

Emflaza™ Spinraza™ . Zolgensma®



#### **Confidential Information**

1. Some products may be dispensed from Accredo and/or Freedom Fertility Pharmacy
2. Xyrem® is distributed through Express Scripts Specialty Distribution Services, Inc.
Disclaimer: Note that additional generic versions of listed medications may be available. Please consult your pharmacist to determine if a generic version of any particular specialty medication is available.

\* Your plan may require most specialty medications to be dispensed exclusively by Accredo. Those medications marked by an asterisk (\*) may have allowances for one or more



#### **OPHTHALMIC CONDITIONS**

Beovu<sup>®</sup> Eylea<sup>®</sup> Iluvien™ Kesimpta Pen® Lucentis® Luxturna™ Macugen® Oxervate<sup>TM</sup> Ozurdex<sup>TM</sup> Retisert® Tepezza™ . Visudyne®

#### **OSTEOARTHRITIS**

Durolane<sup>®</sup> Euflexxa® Gel-One® Gelsyn-3™ Hyalgan® Hymovis® Monovisc® Orthovisc<sup>®</sup> Supartz FX<sup>®</sup> Synvisc<sup>®</sup> Synvisc-One®

#### **OSTEOARTHRITIS** (cont'd)

Triluron™ Visco-3™

#### **OSTEOPOROSIS**

Boniva® (ibandronate) (oral forms are not specialty) Evenity™ Forteo®  $Prolia^{TM}$ Reclast® (zoledronic acid) Tymlos $^{TM}$ 

#### **PULMONARY HYPERTENSION**

Adcirca® (tadalafil) Adempas®
Flolan® (epoprostenol)
Flolan Diluent® (epoprostenol diluent)
Letairis® (ambrisentan) Opsumit® Opsumt<sup>™</sup>
Orenitram<sup>™</sup>
Remodulin<sup>®</sup> (treprostinil)
Remodulin Diluent<sup>®</sup> (trepostinil diluent)
Revatio<sup>®</sup> (sildenafil citrate)
Tracleer<sup>®</sup> (bosentan) Tyvaso® Uptravi® . Veletri® Ventavis®

#### **RESPIRATORY SYNCYTIAL VIRUS**

### SICKLE CELL DISEASE

Oxbryta™

#### **TRANSPLANT**

azathioprine (AZASAN, IMURAN) Astagraf XL<sup>TM</sup>\* Cellcept®\* (mycophenolate mofetil) Cellcept®\* (mycophenolate mofetil)
Neoral® , Sandimmune®\* (cyclosporine,
Gengraf® )
Envarsus® XR\*
Myfortic®\* (mycophenolic acid)
Nulojix®\*
Prograf®\*(tacrolimus)
Rapamune®\*(sirolimus)
Simulect®\*
Thymoglobulin®\* Thymoglobulin®\* Zortress®\* (everolimus)



#### **Confidential Information**

1. Some products may be dispensed from Accredo and/or Freedom Fertility Pharmacy
2. Xyrem® is distributed through Express Scripts Specialty Distribution Services, Inc.
Disclaimer: Note that additional generic versions of listed medications may be available. Please consult your pharmacist to determine if a generic version of any particular